

OCTOBER 2024 LUNCH MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	<u>1</u> Breaded Chicken Patty Steamed Broccoli W/ Cheese Sauce Pinto Beans Fresh Apple	<u>2</u> Beef Stew W/ Vegetables Steamed Cabbage Rice Peach Cobbler	<u>3</u> Stewed Turkey Thighs Sweet Potato Patties Turnip Greens Banana	<u>4</u> BBQ Chicken Leg and Thigh Potato Salad Green Beans Stewed Apples
<u>7</u> Reduced Sodium Ham Sweet Potatoes June Peas Oatmeal Cookies	<u>8</u> Spaghetti in Meat Sauce Cauliflower W/ Cheese Sauce Three Bean Salad Warm Peaches	<u>9</u> BBQ Pulled Pork Marinated Slaw Mixed Baked Beans Warm Spiced Pears	<u>10</u> Smothered Chicken Leg and Thigh White Lima Beans Glazed Carrots Tropical Fruit	<u>11</u> Salisbury Steak In Brown Gravy Mashed Potatoes Collard Greens Banana
<u>14</u> Scalloped Potatoes & Ham Buttered Carrots Pear Crisp	<u>15</u> Country Style Steak W/ Gravy Mashed Potatoes Steamed Broccoli Banana Flavored Pudding with Vanilla Wafers	<u>16</u> Chicken Bog Marinated Vegetables Mixed Greens Cornbread Peach Cobbler	<u>17</u> Sloppy Joes Coleslaw Green Limas Stewed Apples	<u>18</u> Herbed Baked Chicken Leg and Thigh Northern Beans Okra, Corn, & Tomatoes Banana
<u>21</u> Char-grilled Beef Patty W/ Onions Stewed Potatoes Mixed Vegetables Peaches in Juice	<u>22</u> Macaroni & Cheese Green Limas Sliced Carrots Tropical Fruit Mix	<u>23</u> Meatloaf W/ Red Sauce Mashed Potatoes June Peas Banana	<u>24</u> Lemon Pepper Chicken Leg and Thigh Turnip Greens Sweet Potatoes Butterscotch Pudding	<u>25</u> Spanish Rice W/ Beef Black-eyed Peas Steamed Cabbage Lemon Fruit Dessert
<u>28</u> Meatballs In Brown Gravy Mashed Potatoes Okra & Tomatoes Tropical Fruit Mix	<u>29</u> Breaded Chicken Patty Steamed Broccoli W/ Cheese Sauce Pinto Beans Fresh Apple	<u>30</u> Beef Stew W/ Vegetables Steamed Cabbage Rice Peach Cobbler	<u>31</u> Stewed Turkey Thighs Sweet Potato Patties Turnip Greens Banana	Milk served daily; bread or roll on most days

PREPARED BY SENIOR CATERING

NOVEMBER 2024 LUNCH MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Milk served daily; bread or roll on most days				<u>1</u> BBQ Chicken Leg and Thigh Potato Salad Green Beans Stewed Apples
<u>4</u> Reduced Sodium Ham Sweet Potatoes June Peas Oatmeal Cookies	<u>5</u> Spaghetti in Meat Sauce Cauliflower W/ Cheese Sauce Three Bean Salad Warm Peaches	<u>6</u> BBQ Pulled Pork Marinated Slaw Mixed Baked Beans Warm Spiced Pears	<u>7</u> Smothered Chicken Leg and Thigh White Lima Beans Glazed Carrots Tropical Fruit	<u>8</u> Salisbury Steak In Brown Gravy Mashed Potatoes Collard Greens Banana
<u>11</u> Scalloped Potatoes & Ham Buttered Carrots Pear Crisp	<u>12</u> Country Style Steak W/ Gravy Mashed Potatoes Steamed Broccoli Banana Pudding W/ Wafers	<u>13</u> Chicken Bog Mixed Greens Marinated Vegetables Cornbread Peach Cobbler	<u>14</u> Sloppy Joes Coleslaw Green Limas Stewed Apples	<u>15</u> Herbed Baked Chicken Northern Beans Okra, Corn, & Tomatoes Banana
<u>18</u> Char-grilled Beef Patty W/ Onions Stewed Potatoes Mixed Vegetables Peaches in Juice	<u>19</u> Macaroni & Cheese Green Limas Sliced Carrots Tropical Fruit Mix	<u>20</u> Meatloaf W/ Red Sauce Mashed Potatoes June Peas Banana	<u>21</u> Lemon Pepper Chicken Leg and Thigh Turnip Greens Sweet Potatoes Butterscotch Pudding	<u>22</u> Spanish Rice W/ Beef Black-eyed Peas Steamed Cabbage Lemon Fruit Dessert
<u>25</u> Meatballs In Brown Gravy Mashed Potatoes Okra & Tomatoes Tropical Fruit Mix	<u>26</u> Breaded Chicken Patty Steamed Broccoli W/ Cheese Sauce Pinto Beans Fresh Apple	<u>27</u> Sliced Turkey Breast W/ Gravy Sweet Potatoes & Apples Orange Juice Crnbread Drsing Cranberry Gelatin	<u>28</u> HOLIDAY	<u>29</u> HOLIDAY

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DECEMBER 2024 LUNCH MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<u>2</u> Reduced Sodium Ham Sweet Potatoes June Peas Oatmeal Cookies	<u>3</u> Spaghetti in Meat Sauce Cauliflower W/ Cheese Sauce Three Bean Salad Warm Peaches	<u>4</u> BBQ Pulled Pork Marinated Slaw Mixed Baked Beans Warm Spiced Pears	<u>5</u> Smothered Chicken Leg and Thigh Lima Beans Glazed Carrots Tropical Fruit	<u>6</u> Salisbury Steak In Brown Gravy Mashed Potatoes Collard Greens Banana
<u>9</u> Scalloped Potatoes & Ham Buttered Carrots Pear Crisp	<u>10</u> Country Style Steak W/ Gravy Mashed Potatoes Steamed Broccoli Banana Flavored Pudding With Vanilla Wafers	<u>11</u> Chicken Bog Marinated Vegetables Mixed Greens Cornbread Peach Cobbler	<u>12</u> Sloppy Joes Coleslaw Green Limas Stewed Apples	<u>13</u> Herbed Baked Chicken Leg and Thigh Northern Beans Okra, Corn, & Tomatoes Banana
<u>16</u> Char-grilled Beef Patty W/ Onions Stewed Potatoes Mixed Vegetables Peaches in Juice	<u>17</u> Macaroni & Cheese Green Limas Sliced Carrots Tropical Fruit Mix	<u>18</u> Meatloaf W/ Red Sauce Mashed Potatoes June Peas Banana	<u>19</u> Lemon Pepper Chicken Leg and Thigh Turnip Greens Sweet Potatoes Butterscotch Pudding	<u>20</u> Sliced Ham W/ Pineapple Sauce June Peas Mixed Fruit Juice Crnbread Drsing Holiday Fruit Cup
<u>23</u> Meatballs In Brown Gravy Mashed Potatoes Okra & Tomatoes Tropical Fruit Mix	<u>24</u> Holiday	<u>25</u> Holiday	<u>26</u> Stewed Turkey Thighs Sweet Potato Patties Turnip Greens Banana	<u>27</u> BBQ Chicken Leg and Thigh Potato Salad Green Beans Stewed Apples
<u>30</u> Reduced Sodium Ham Sweet Potatoes June Peas Oatmeal Cookies	<u>31</u> Roast Pork W/ Gravy Collard Greens Blacked Eyed Peas Cherry Pineapple Dessert			Milk served daily; bread or roll on most days

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